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# Cleanliness is from Faith

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## Publisher's Note

Allāh, the Most High loves the person who is clean, and people respect him. This is because cleanliness is a part of Faith. Faith has levels, and the highest of them is the statement "None has the right to be worshipped except Allah," while the lowest of them is removing harmful things from the road.

For this reason, cleanliness is from the matters which Islam encourages to be maintained. Thus Islam has legislated for us ablution for every prayer, and bathing for *Jumu'ah* (Friday) and the *'Eids* (celebrations). Islam calls upon us to be clean of body, heart and mind, in our homes, our gatherings, and the road. Our Messenger, Muhammad ﷺ, was the best example of cleanliness. He was the cleanest of people, both outwardly and inwardly. He was known amongst the people by his nice smell, his handsome clothing, and his pure character. All of

this is because cleanliness is from Faith. It keeps the body active and purifies it. It protects the body from sickness and illness. The clean Muslim is a beautiful picture for his religion, and a handsome representation for his family.

Why don't we behave with cleanliness in our bodies, our clothing and our hearts? (Purification of the heart means purifying it from jealousy, hatred, malice and deception.)

Why don't we behave with this beautiful mannerism (cleanliness) in our homes, streets and stores?

We will do it, and our children will do it if we give a little thought about it, and that is the purpose for the presentation of this book.

I hope that we will learn and adopt the things we read from the manners of Islam.

**Abdul Malik Mujahid**

General Manager, Darussalam.

## Introduction

All praises are due to Allāh. We praise Him, and we seek His help, and we seek His forgiveness. We seek refuge with Allāh from the evils of our souls, and the wrongdoings of our actions. Whoever Allāh guides, there is no one who can lead him astray. Whoever He (Allāh) leaves astray, there is no one who can guide him. I testify that none has the right to be worshipped except Allāh, Who is alone having no partner, and I testify that Muhammad is His servant and Messenger.

﴿يَا أَيُّهَا الَّذِينَ ءَامَنُوا اتَّقُوا اللَّهَ حَقَّ تَقَاتِهِۦ وَلَا تَمُوتُنَّ إِلَّا  
وَأَنْتُمْ مُسْلِمُونَ ﴿١٠٢﴾﴾

“O you who believe, fear Allāh as He deserves to be feared, and do not die except that you are Muslims.”  
(3:102)

﴿يَا أَيُّهَا النَّاسُ اتَّقُوا رَبَّكُمُ الَّذِي خَلَقَكُمْ مِنْ نَفْسٍ وَاحِدَةٍ

وَخَلَقَ مِنْهَا زَوْجَهَا وَبَثَّ مِنْهُمَا رِجَالًا كَثِيرًا وَنِسَاءً وَاتَّقُوا  
 اللَّهَ الَّذِي تَسَاءَلُونَ بِهِ وَالْأَرْحَامَ إِنَّ اللَّهَ كَانَ عَلَيْكُمْ

رَقِيبًا ﴿١﴾

“O mankind, fear your Lord Who created you from a single soul, and He created from it, its mate. Then from those two souls, He spread numerous men and women (in the earth). Fear Allāh, by Whom you request your mutual rights, and keep the family ties. Verily, Allāh is an Ever Watcher over you all.” (4:1)

﴿يَأْتِيهَا الَّذِينَ ءَامَنُوا اتَّقُوا اللَّهَ وَقُولُوا قَوْلًا سَدِيدًا

﴿٧٠﴾ يُصْلِحْ لَكُمْ أَعْمَالَكُمْ وَيَغْفِرْ لَكُمْ ذُنُوبَكُمْ وَمَنْ

يُطِعِ اللَّهَ وَرَسُولَهُ فَقَدْ فَازَ فَوْزًا عَظِيمًا ﴿٧١﴾

“O you who believe, fear Allāh, and speak a direct word. He (Allāh) will make your deeds righteous deeds, and forgive you for your sins. Whoever obeys Allāh, and His

Messenger, then verily he has achieved the great success.” (33:70-71)

Thus to proceed:

Verily, the most truthful of speech is the Book of Allāh (the Qur’ān), and the best of guidance is the guidance of Muhammad ﷺ. The worst of matters are new matters (in the religion). Every newly invented matter (in religion) is an innovation, and every innovation is a misguidance, and every misguidance is in the Hell-fire.

## The Call to Cleanliness in the Qur'ān

Dear Children...

Our Lord, the Most Noble, says in the Magnificent Qur'ān:

﴿إِنَّ اللَّهَ يُحِبُّ التَّوَّابِينَ وَيُحِبُّ الْمُتَطَهِّرِينَ﴾ (٢٢٢)

“Verily, Allāh loves those who repent often, and He loves those who purify themselves.” (2:222)

The people of purification are the people of cleanliness. They are those who clean their hearts and their bodies. They purify their hearts from despised characteristics and despicable vices, like hypocrisy, showing off, hatred, envy, enmity, and rancor. They purify their bodies, and their clothing from other types of filth, and different kinds of impurities.

If the Muslim cleanses his heart, and his body from impurities, and his garments from filth, then he will become deserving

of the love of Allāh, the Most High. Allāh loves those who repent from their sins, and He loves those who purify themselves from filth. Allāh encourages us to purify ourselves, and to be clean when coming to the mosques.

He, the Mighty and Sublime, says:

﴿يَبْنَیْ ءَادَمَ خُدُوْا زَیْنَتَكُمْ عِنْدَ كُلِّ مَسْجِدٍ﴾

“O children of Adam, take your adornment (by wearing clean clothes), while praying at every mosque.” (7:31)

Allāh calls upon us in His Noble Book to keep clean our clothing, and our bodies, and the mosques. He also wants us to keep other similar places clean, like the hospitals, the schools, the homes, and the roads. He, the Most High, says:

﴿وَتَبَاكَ فَطَهِّرْ﴾ (٤)

“...and your garments, purify.” (74:4)

## The Messenger calls Us to Cleanliness

My children...my beloved ones...

Our Messenger, Muhammad ﷺ, was the best example of external and internal cleanliness. His home was clean, his garments were clean, his gathering place was clean, his body was scented with nice smells. He is the one who encouraged us to use the tooth stick (or brush) to clean the teeth. He commanded us to bathe on *Jumu'ah* (Friday). He guided us to clipping the nails, and taking care of the hair.

Anas was the servant of the Messenger of Allāh ﷺ, and he said:

«مَا شَمَمْتُ رَائِحَةَ قَطُّ مِسْكَةٍ وَلَا عَنْبَرَةَ أَطْيَبَ  
مِنْ رَائِحَةِ رَسُولِ اللَّهِ ﷺ»

“I never smelled a fragrance of musk  
or ambergris nicer than the

fragrance of the Messenger ﷺ.”<sup>[1]</sup>

Why does the Messenger of Allāh ﷺ call us to cleanliness? Because cleanliness is from Faith and the clean believer is a beautiful image for his religion. For this reason, Ibn Mas'ood رضي الله عنه says to us:

«إِنَّ اللَّهَ جَمِيلٌ يُحِبُّ الْجَمَالَ»

“I heard the Messenger ﷺ saying,  
‘Verily, Allāh is Beautiful, and He  
loves beauty.’”<sup>[2]</sup>

Allāh, the Most High, has perfect beauty in His Attributes, His Deeds and His Names. His Attributes are beautiful, and His Actions are beautiful, and His Names are beautiful. He, glory is unto Him, is characterized with beauty, and He loves those who are characterized by this attribute. He is the All Knowing, and He loves those who have knowledge. He is

<sup>[1]</sup> *Hadeeth Sahih*: Reported by Al-Bukhaari (3561), Muslim (2330), and Al-Baghawee (3658) in *Sharhus-Sunnah*

<sup>[2]</sup> *Hadeeth Sahih*: Reported by Muslim (91), and Ahmad (4/133).

## Cleanliness in the House

My children my beloved ones

Ahmad is a clean student who loves cleanliness in his house. He takes care of the furniture in the house. He does not break it, nor does he make it dirty by writing on it. When he returns from his school, he quickly removes his clothing, and he hangs them in their place. He then puts his books, arranged neatly upon his desk where he sits. Before he sits down to eat, he washes his hands. If there is a day where he sees anything, like paper thrown around the outside of the house, then he picks it up, and quickly takes it to the waste basket in the house. After removing his shoes, he puts them in the place that has been set for them. He never writes on the walls of the house, not even once, because he loves cleanliness everywhere. Because he

is clean, he loves cleanliness. Verily, his father and mother love him. Ahmad is loved because he is clean. We should be like Ahmad, the clean boy. Cleanliness is the character of the Muslim, and cleanliness is from Faith.

## The Encouragement for Cleanliness of Humanity

My children... my beloved ones...

Humanity is a favor from the favors of the Most Beneficent. Therefore let us protect it and guard it from sicknesses. Verily, the Prophet ﷺ called us to the cleanliness of mankind by using the *Miswaak* (tooth stick or brush). He ﷺ said:

«لَوْلَا أَنْ أَشْتَقَّ عَلَى أُمَّتِي لَأَمَرْتَهُمْ بِالسَّوَاكِ  
عِنْدَ كُلِّ صَلَاةٍ»

“If I were not placing a hardship on my followers, then verily, I would have commanded them to use the tooth stick before every prayer.”<sup>[1]</sup>

His saying: “If I were not placing a hardship” means that he feared placing a

<sup>[1]</sup> *Hadeeth Sahih*: Reported by *Muslim* (252), and *Abu Dawood* (46), and *At-Tirmithi* (23), and *An-Nasa’i* (1/12), and *Ibn Maajah* (287)

burden upon them. Now modern science has affirmed that the toothbrush has numerous benefits. It strengthens the gums, removes germs, cleanses the mouth, and freshens the breath. Yet, above all of these benefits is the fact that Allāh is pleased with it, just as our Prophet ﷺ told us:

«السَّوَاكُ مَطْهَرَةٌ لِلْفَمِ مَرْضَاةٌ لِلرَّبِّ»

“The tooth stick cleanses the mouth, and it pleases the Lord.”<sup>[1]</sup>

For this reason my child, keep the tooth stick (*Miswaak*) with you when you perform ablution, and for every prayer, so that you may use it to clean your mouth, and your Lord may be pleased with you. Also, let the Muslim and the *Muslimah* use the tooth stick when they get up from sleep, and when they recite the Qur’ān. Let us use the tooth stick during the night and day. The tooth

<sup>[1]</sup> *Hadeeth Sahih*: Reported by Al-Bukhaari, chapter 27.



## The Birds and Animals love Cleanliness

My children...

All the birds love cleanliness. The sparrow cleans its nest, and it always cleans its baby chicks. All of the animals love cleanliness. Even the little cat loves its kittens, and she feeds them milk from her breast. She licks her kittens with her tongue thereby cleaning their bodies. Some birds clean themselves in the water of the sea. Some animals clean their coats (of fur) with water. Therefore come, let us love cleanliness like the birds. For Allāh loves every clean person, and we want Allāh to love us. Cleanliness is from Faith, and we love to be characterized with having Faith. Also cleanliness protects us from illnesses, and we love good health and well being.

## My Advice to You

My children...

Clean as much as you are able to clean with water, and the tooth stick. Clean with water and soap. Clean by shaving the hair or shortening it (for boys). Clean by clipping the nails. Every act of worship in Islam is based upon cleanliness. Islam requests cleanliness for the prayer, and reciting the Qur'ān, and making circuits around the Ka'bah. Also fasting purifies us from sins, and *Zakaah* purifies our wealth and our sins as well.

For this reason my advice to you is to be clean, for verily, Islam is the religion of cleanliness. Be clean because cleanliness is from Faith. Be clean because the Muslim is always clean. Be clean because the Muslim has a heart that is pure of envy, and enmity, and he is clean in his body, clothes and mind.