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قُلْ إِنَّ صَلَاتِي وَنُسُكِي وَمَحْيَايَ  
وَمَمَاتِي لِلَّهِ رَبِّ الْعَالَمِينَ

“Say: Verily, my prayer, my sacrifice,  
my living and my dying are for Allâh,  
the Lord of the Worlds.” (6: 162)

## How to pray

The Prophet Muhammad ﷺ Said:

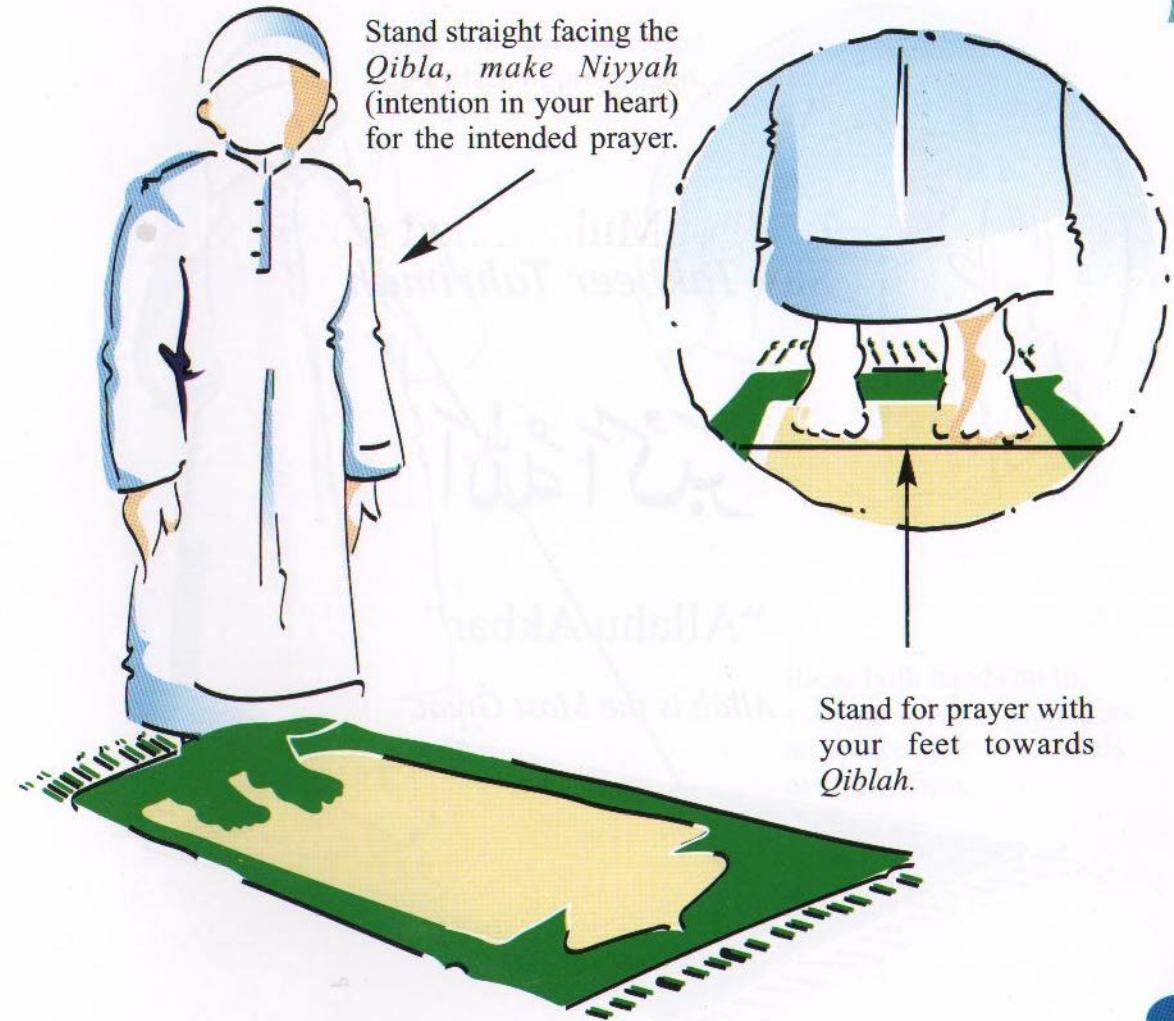
صَلُّوا كَمَا رَأَيْتُمُونِي أُصَلِّي - (صحيح بخاری)

“Pray as you have seen me praying.”

(Sahih Al-Bukhari)

The obligatory prayers are:

2 Rak‘at Fajr, 4 Rak‘at Zuhr, 4 Rak‘at Asr, 3 Rak‘at Maghrib,  
4 Rak‘at Isha’.



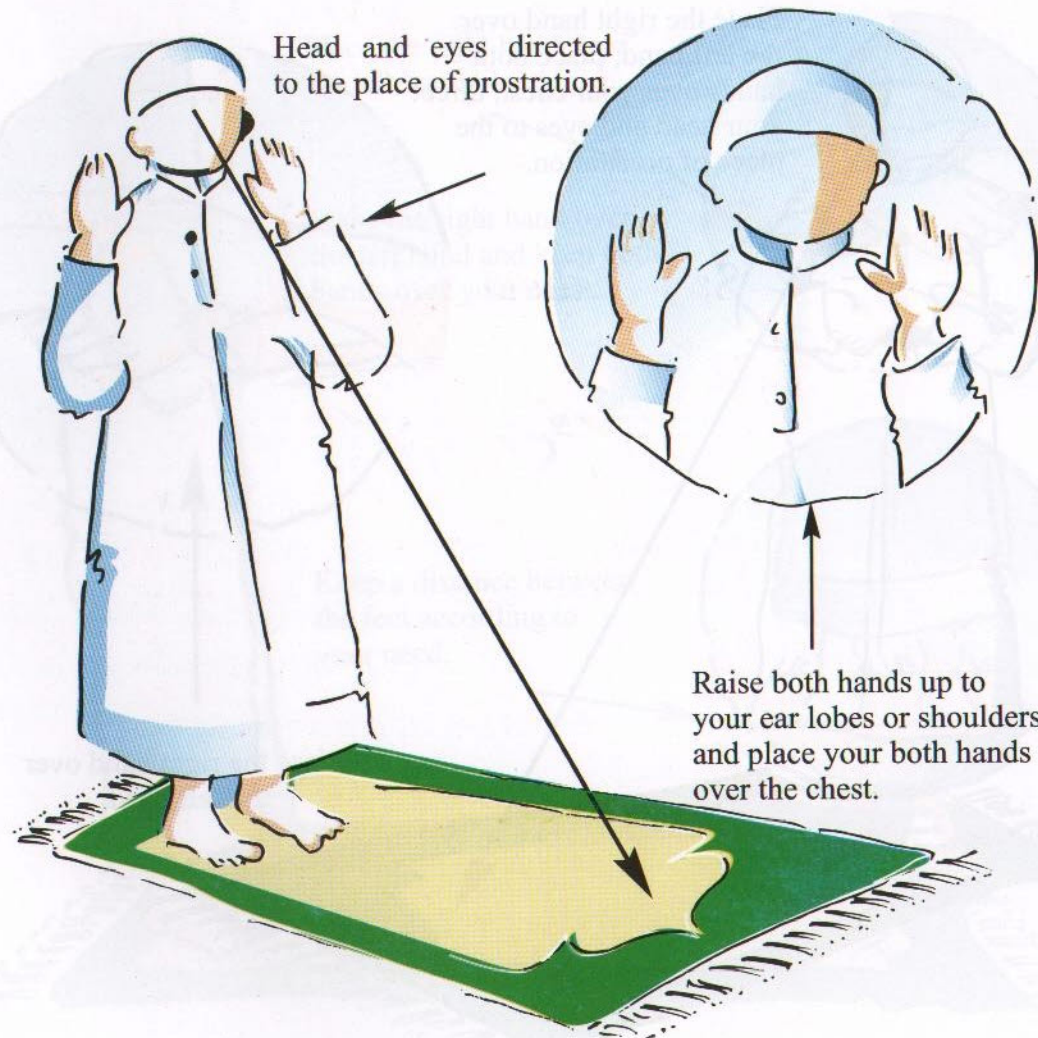


Say *Takbeer Tahrimah*

اللَّهُ أَكْبَرُ

“Allahu Akbar”

*Allâh is the Most Great.*



While rising to the sitting position say...

اللَّهُ أَكْبَرُ

“Allâhu Akbar”

*Allâh is the Most Great.*

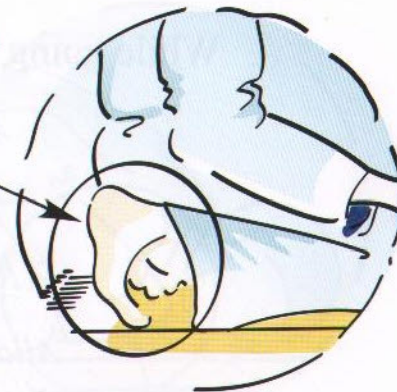
Then sit up and say:

رَبِّ اغْفِرْ لِي، رَبِّ اغْفِرْ لِي

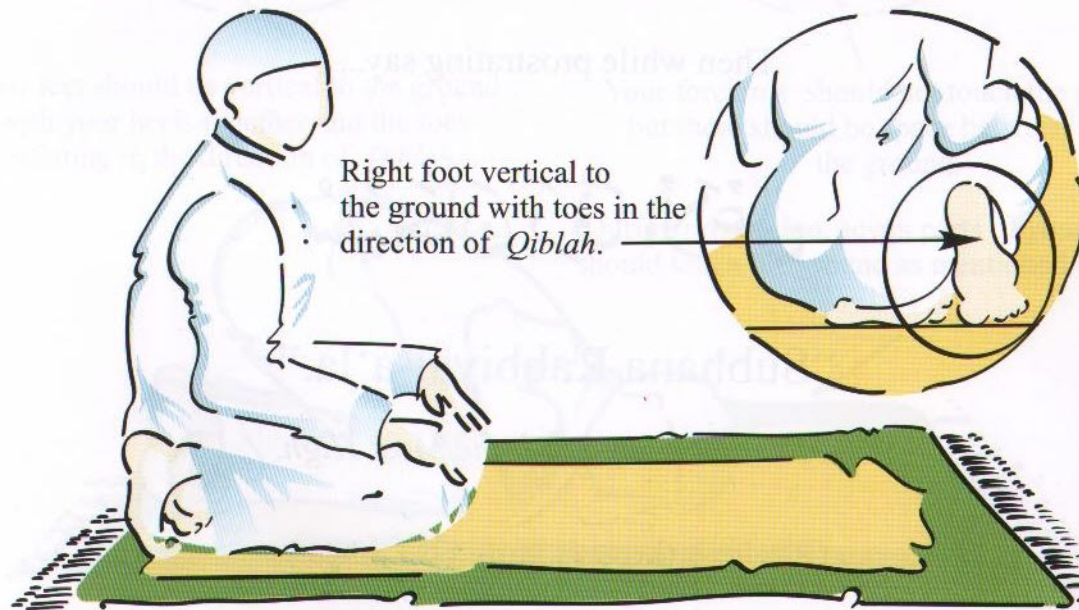
“Rabbighfir lee Rabbighfir lee”

*My Lord, forgive me. My Lord, forgive me.*

In between the two prostrations, sit on your left foot with your right foot vertical to the ground and your toes pointing in the direction of *Qiblah*.



Sit relaxed with your back straight to the ground, with your hands resting comfortably on your thighs and knees.



Right foot vertical to the ground with toes in the direction of *Qiblah*.



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ◦ الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ◦ الرَّحْمَنِ الرَّحِيمِ ◦  
 مُلِكِ يَوْمِ الدِّينِ ◦ إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ ◦ اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ◦  
 صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ ◦ (أَمِينَ)

“Bismil-lâhir-Rahmanir-Raheem.

Alhumdu lillahi Rabbil- ‘alameen. Ar-Rahmanir-Raheem.

Maliki yawmid-deen. Iyyaka na‘budu wa iyyaka nasta‘een.

Ihdinas-siratal-mustaqeem. Siratal-ladheena an‘amta ‘alayhim  
 ghayril-maghdoobi ‘alayhim walad-dalleen.” -Âmeen.

*In the Name of Allâh, the Most Gracious, the Most Merciful. All praises and thanks are Allâh, the Lord of the Worlds. The Most Gracious, the Most Merciful. The Only Owner of the Day of Recompense. Thee (alone) we worship, and thee (alone) we ask for help. Guide us to the straight way. The way of those on whom thee have bestowed Your Grace, not (the way) of those who earned Your Anger, nor of those who went astray.*

إِنَّا أَعْطَيْنَكَ الْكَوْثَرَ ◦ فَصَلِّ لِرَبِّكَ وَانْحَرْ ◦ إِنَّ  
 شَانِكَ هُوَ الْآبَتْرُ ◦

“Bismil-lâhir-Rahmanir-Raheem.

Inna a‘tainakal-Kauthar. Fasalli lirabbika

wanhar. Inna shani’ aka huwal- abtar.”

*In the Name of Allâh, the Most Gracious, the Most Merciful.  
 Verily, We have granted you Al-Kauthar (a river in Paradise). Therefore, turn in Prayer to your Lord and sacrifice (to Him Only). For he who hates you, he will be cut of (from prosperity in this world and in the Hereafter).*